

SAYF Worship Journal
Nurturing and Steering Committees Retreat
August 21-23, 2011

It feels kind of awkward to write in such a small group...it seems like I could just tell you guys what I want to say!

So this was a fulfilling retreat according to Emma.

Nurturing Committee is great. It's like a mini SAYF retreat where everyone hangs out with everyone. It's more like a cute little SAYF family, and we can all easily fit in the library. Can you imagine writing epistles here with 40 people instead of 15? I really like how chill this retreat was even though we got stuff done.

Also this meetinghouse is great. I love the creek and the deck and the windows seat and the 3 bathrooms. It's nice having a meetinghouse that's only for nurturing retreats.

Thanks for ice cream last night by the way.

Ruby, you're a great cuddle-buddy.

Lekey, Miyoshi, Elise, Rebecca, etc I'm sad that you weren't here for my 1st nurturing retreat.

~ Taylor

It was ambitious of me to try to do a sonnet, there wasn't much time.

Sleep's heavy pull still tugging on our eyes
the SAYF retreat is coming to an end
and soon begin the hugs and long goodbyes
but first we have some loving thoughts to send

The Spirit is the source of what we do
It's something from within and not above
No matter who you are, it is in you
And leads you out of hate and into love.

The "Still, Small voice" is sometimes hard to hear
The modern world is moving way to fast
That's why to us the silence is so dear
And why it somehow doesn't seem to last.

So as another SAYF retreat year starts
We hope that we can hear what's in our hearts.

With Love,
Mark Wutka

There is something about small retreats and everyone being able to hang out in the same room that's nice. The stars were wonderful and I love everybody lots. So I guess I'll be missing you all a lot for the next two weeks.

♥ Emma

Hey SAYF! I missed you over the summer! I missed the lovely Nurturers and FAPs so much. It saddens me that I can't make it in September and October, but what's two retreats this year when I missed four last year? Not too bad, right?

I really enjoyed the Black mountain meetinghouse and its lovely stream. I feel as if I have a spiritual connection to streams especially ones with rushing water. I guess it's a place to cool down on a hot day, or it's the fact that the sound of the tiny rapids is soothing and peaceful. I'd like to thank everybody for a great weekend, the nice meals, and the really yummy ice cream!

I'll see you in November.

Signed, That One Guy

PS I'll miss that window seat.

PPS Emma: remember who was dictator first. ☺

Blessings beyond words
A loving community
Spiritual home.

I'm grateful God has guided me to be here with y'all. Working with SAYF Steering Committee doesn't feel much like work; many hands together gently supporting this community, tenderly allowing Spirit to flow through us.

This Nurturing Committee is on the younger side but you work well together and I sense strength in you. Potential for loving unity and depth. I thank each of you for your willingness to take on this responsibility and allowing yourselves to serve Spirit through SAYF.

With love,

Mary Linda (fap Nashville)

Dear SAYF,

This was my first nurturing retreat!! It was really fun. We did lots of Meth. JK. Whoever's reading this should prob. Cross that out so I don't get into trouble. ./ haha. We got to go eat ice cream! Which was really fun. We also got to go play on the playground. I hurt my child _____ hips sleeping on the wooden deck outside. Since Emma hurt her toe and I hurt my hips, we're even. ☺ I slept A LOT on Saturday. Well, all around, this was a really fun SAYF!!

~ Nick

A new year of SAYF....with a focus on increasing spirituality at our retreats. This makes me happy.

Many thanks to each and everyone of you for the time and effort you give to care about our SAYF community.

Love, Therese

I'm glad Xavies coming back. I love you guys. This was a beautiful and fulfilling retreat.

♥ Zan