

SAYF Covid-19 Guidelines for in person retreats (version 3)

Approved March 20, 2022

The following guidelines were developed understanding the evolving circumstances and science surrounding the Covid-19 pandemic. SAYF Covid-19 guidelines will be adjusted to meet changing safety standards as outlined by the Centers for Disease Control. SAYF respects local Friend's rules and expectations within Friend's Meetinghouses. These guidelines therefore will also be responsive to local Friend's Meeting's expectations for use of Meetinghouse space during SAYF retreats.

SAYF Steering Committee recognizes that vaccination is the primary defense against severe illness and death from Covid-19 and encourages all members of the SAYF community who are able, to be vaccinated and receive a booster when available and recommended. While new variants of the SARS-CoV-2 virus may be more contagious and may cause breakthrough infection in vaccinated individuals, vaccination is still the primary defense against serious illness and death from Covid-19. Therefore:

1. All participants of SAYF retreats, young Friends and adults are required to have been fully vaccinated* and have received a booster, when available and recommended, prior to attendance. This includes but is not limited to, Friendly Adult Nurturers [FANs], drivers [FADs], and night shepherds. Full vaccination is considered:
 - a. 2 weeks after a second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
 - b. 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine
2. All attendees of SAYF retreats must take a rapid [self-test](#) the day of departure** for a SAYF retreat.
 - a. If your self-test has a positive result, stay home or isolate for 10 days, wear a mask if you have contact with others, and call your healthcare provider.
3. All attendees of SAYF retreats will follow the most up to date [CDC guidance](#). Masks at SAYF retreats will be optional for indoor activities when all counties from which young Friends will be traveling are measuring low or medium based on the [CDC Covid-19 Community Levels](#). If any county is high/red we will maintain indoor masking during waking hours, for the retreat.
4. All attendees of SAYF retreats will follow local Friend's Meeting Covid-19 protocols for groups visiting the Meetinghouse while in and around the Meetinghouse.
 - a. The SAYF program coordinator will procure the guidelines prior to the retreat.
 - b. These guidelines will be shared with the Lead FAN and YF planning committee and other FANs attending, prior to the retreat.
 - c. If any of the local rules are unduly burdensome or in conflict with CDC guidance, the lead FAN, in consultation with the clerk of SAYF Steering Committee, may

request from the local meeting, that the rule be adjusted or waived for the SAYF retreat. If such an adjustment is not allowed, then the lead FAN and SAYF SC clerk will determine if a different venue is required.

- d. The lead FAN is responsible for sharing the applicable local meeting Covid-19 guidelines with nurturers and adult volunteers at the retreat.
 - e. All Nurturers, FANs and other adult volunteers must be familiar with the local meeting Covid-19 guidelines as well as these SAYF guidelines and assist in compliance.
 - f. The local meeting Covid-19 guidelines and these SAYF guidelines will be posted during the retreat for all to reference as needed.
5. Attendees of a SAYF retreat will not be required to wear masks while sleeping.
- a. physical distance during sleep may be required depending on CDC guidance or local Friend's Meeting requirements.
 - b. In the absence of more stringent guidance, during times of substantial or high transmission as tracked by the CDC (<https://covid.cdc.gov/covid-data-tracker/#county-view>) sleeping bags should be oriented head-to-toe, with space between rows of sleeping bags
6. Anyone planning to attend a retreat who has been in close contact with someone who tests positive for Covid-19 must not attend unless a negative Covid-19 test taken 3-5 days following exposure can be provided to the lead FAN.
7. In the event that a participant displays symptoms of Covid-19, the following protocols will be enacted:
- a. The person will be immediately separated from the group.
 - b. An adult volunteer will check on the person while wearing a mask. Adult volunteers will maintain 6' physical distance as care and safety allow.
 - c. All rooms and equipment used by an infected person will be cleaned and disinfected according to CDC guidelines.
 - d. The family of the infected individual will be contacted immediately.
 - i. If the affected individual is a local resident they will return home immediately.
 - ii. If the affected individual is a young Friend who has traveled from a distance their return home will be negotiated in consultation with their parents.
 - iii. If the affected individual is a FAN or FAD they will arrange transportation home separate from young Friends.

- iv. In the case that a FAN or FAD must leave the retreat early, transportation home for young Friends who traveled with them will be negotiated with their parents and other FANs.
8. In the event that a participant tests positive for Covid-19 (with or without symptoms) in the week following a retreat, the following protocols will be enacted:
- a. The infected participant will notify the lead FAN of the retreat immediately.
 - b. The lead FAN with the support of the SAYF program coordinator will alert all participants and parents/guardians that a participant tested positive for Covid-19.
 - c. The lead FAN will alert the clerk of the host meeting that a participant at the SAYF retreat tested positive for Covid-19.
 - d. To ensure privacy, no representative of SAYF will share the identity of the participant who tested positive.

*Young Friends or Adults with medical conditions that prevent vaccination may request this requirement be waived. Requests must be made to the SAYF Steering Committee Clerk in advance of the retreat and waiver will be determined in consultation with Lead FAN of that retreat.

**Friends should plan in advance to have an over the counter rapid tests to available the day of departure. If financial support for purchasing a rapid-test is needed, please contact the SAYF program coordinator, Autumn Woodward.