

In-Person  
**SAYF RETREAT!**

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**Building  
Better  
Loops**

Breaking the Binary cycle

Hugging our  
**HEALTHY  
HABBITs**

January 14-16 @  
Atlanta Friends Meeting

**--Things to Bring --**

Your smiling and happily vaccinated self, your favorite medical mask, warm clothes for winter in Atlanta, your sleeping gear and toiletries, and any optional additions noted in your invite email.