

**SAYF Worship Journal**  
February 2024 SAYF Nurturing Retreat  
West Knoxville Friends Meetinghouse

*On the weekend of February 16-18, 2024 the Southern Appalachian Young Friends met at West Knoxville Friends Meeting. This is our witness. This is our story.*



Dear SAYF,

Community is the vessel that holds me up when I'm broken, helps me see where to grow, and plays the music when celebration is needed. It's also really hard work. community isn't something you build once and then you are done. It's a recurrent cycle of creating new relationships, strengthening bonds, saying goodbye, resolving conflicts.

I'm honored to be here in this community, seeing you Nurturers work at continuing the SAYF village, for now and the future. It's sometimes sad, sometimes messy, but you are present and engaged and carry such wisdom and energy. You got this.

Love,  
Chris

### Observations of a FAN

#### West Knoxville Nurturing Retreat

- 8 SAYFers, 5 FANs = 3 bags of Oreos
- Per Asa, Reeses peanut butter cup in an Oreo sandwich is delicious
- Sleeping on the floor still sucks
- Nurturers are already skilled at discernment in Meeting for Business
- Sig C. is a great host and supporter of SAYF
- It's disturbingly hilarious to watch major injury videos with Mason, Lucius and Nevin.
- YAFs have become a wonderfully significant addition to our Steering Committee

Finally, you all are great Nurturers and servants of SAYF!

Beth, FAN