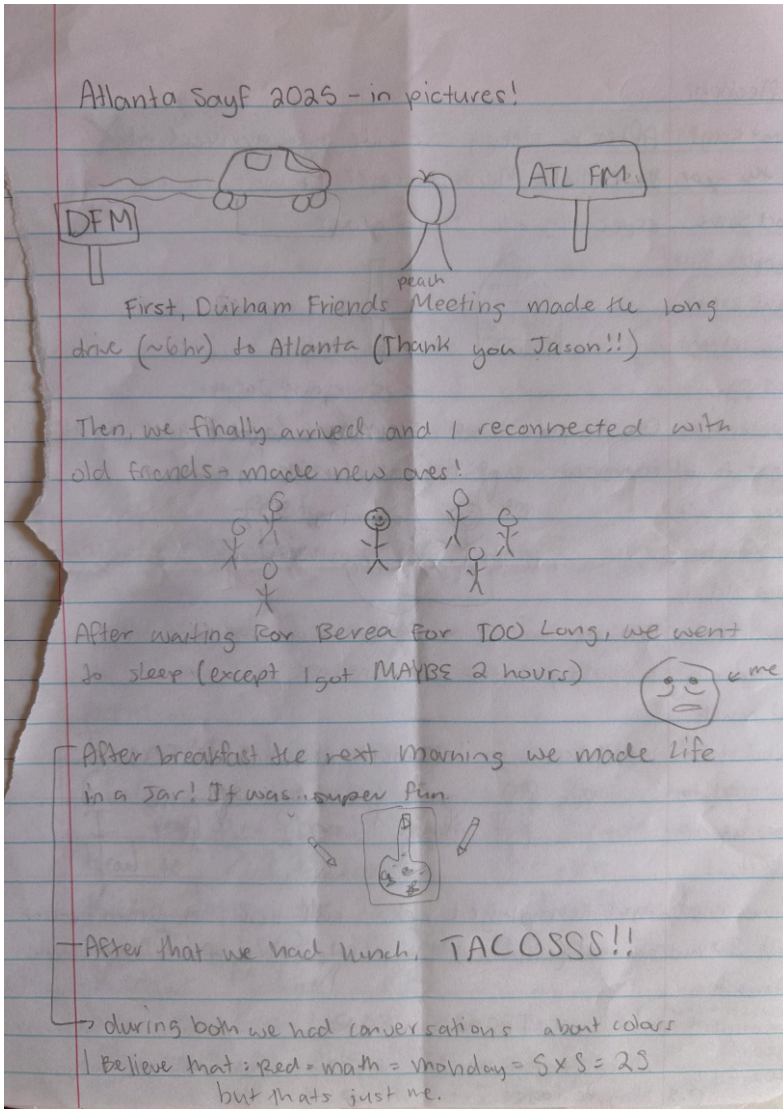


SAYF Worship Journal

September 2025 Retreat
Atlanta Friends Meetinghouse

On the weekend of September 19-21, 2025 the Southern Appalachian Young Friends met at the Atlanta Friends Meeting. This is our witness. This is our story.



Yoyoyoyoyoyoyoyo

It's BJP, the 1,2,3,
I got first, second, and third for my digital beats.
I cook burgers with soymilk and exotic beats.
I put on 20 pounds of Saffron (a delicacy)
You wear flipflops and shorts cuz you can't stand the heat
I buy luxury stockings for my chilly feet.
When my brine's too strong I make controversial tweets
And when I sober up I just hit delete
I wear a suit and tie, and pants with a pleat
I make billions off just being a "feat".
Chirp go the birdies who know my deets
I feed them bread crumbs that I made with wheat
Head to 7, 1, 1, and get a slurpee
Kick down the door like I'm Bruce Lee
Say I'm friends with Jordan Peele, cuz I'm the Keegan Michael Key
Won the lottery twice and didn't pay no fees
No taxes on this beat, it's for free
Now it's time to end the rap, I better hear no plea.
I'm Bar Jonas Pickle, and I've been your M.C.
Cyrus '25

SAYF was very fun, this is my second time coming to Atlanta. I,

- won a round of bear
- got confused by the games
- Hung out with A1
- listened to Baxter's playing
- Played Monkey Tag
- sat on the table and hung out with dinner prep
- got here before Atlanta SAYFers

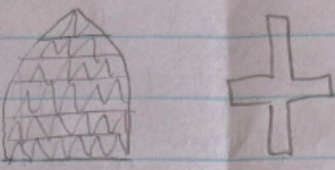
- drew jars

This was an incredible retreat, thanks for being here, and I love all of you!

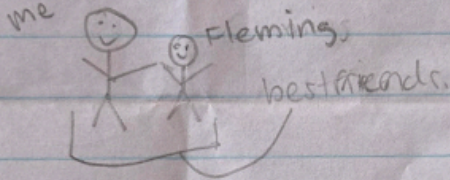
Natalie

reflection:
 First say of the year, and some peoples first say ever! This retreat was so awesome bc I got to meet knew people and reconnect with old. I love this community so much and I am so glad to be a part of it. I love you all so much. Here's to an awesome start to my last year!
 Love, Edie
 P.S.

After a sleepy car ride we arrived at the Catholic Monks place?? It was so cool especially the stain glass.

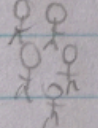

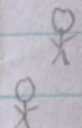




On the ride back, Fleming^{and Jason} and I had great conversations of Religion, death, and more.



Then we had dinner! (Also celebrated my birthday later with desert!!)

We talked to Jeremiah about FLGBTQC

Yes     No 

And then played bear! and then fun Drain teaser all so mud games! (I am very proud of everyone who solved them.)

THEN SLEEP!!

woke up, put meeting together, and was very happy!
 stay feinius.

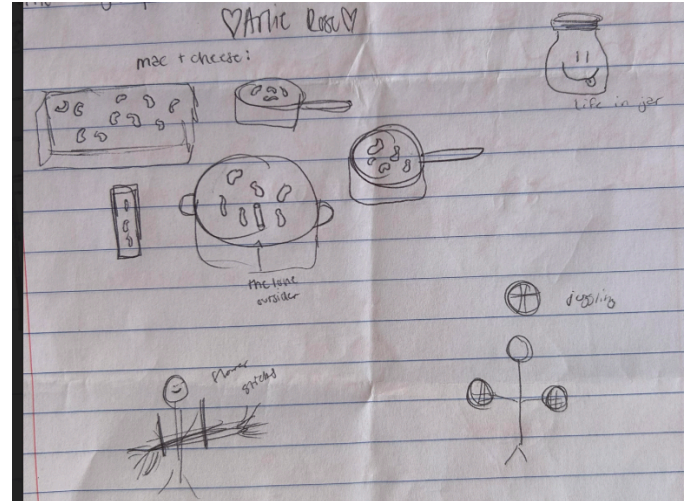
Dear SAYF,

Every retreat is so fun to go to. Atlanta y'all did so good adapting. I'm so glad I got the sticks but I need to know the cup. Thanks for the awesome retreat y'all.

Gray

I am so happy to be seeing all of you again! This retreat was very fun and spontaneous. Making over 4 pounds of mac + cheese with Rosie, talking about cereal knees on the way back from the monastery, learning about the monastery of the Holy Spirit, playing mind games, using Lucius's flower sticks non-stop, Rigel's mini circus lessons, color theory words, meeting new people, and life in a jar were some of my favorites. I hope I make it to more retreats this year!!! (and i forgot the flgbtqc it was really cool.)

Arlie Rose



Besides the trouble getting here, this was a good reintroduction to life in america. I'm glad I did more than drink Jaegermeister and play videogames this weekend. I already miss Wien (Vienna) but I'm glad I was able to make it to SAYF retreat. I'd never expect to find a Catholic monastery in Georgia, but I'm glad I did. I'm tired and rambling so I'll leave you with some lyrics from my upcoming album "Blue Murray: The Handsome Menace":

(growling)
(screaming)
(growling)
I growl, I scream
Microsoft teams
Is so mean
(growling)
I'm a Quaker
If my girl finds that weird
I'm gonna shake her
With love and care
cuz I've played bear
And I know there
are better things than violence

(growling and guitar solo)

Please rate 9/10 at least on rate my music .com

- Blue Murray

This was my first retreat after SAYMA and it was AWESOME! I really enjoyed the car ride down and getting to know Grey and Natalie more. I had a good time playing and inventing the monkey tag game (a cross between monkey in the middle and tag). Bear was so fun but Blue's German mumbling was creepie. It was fun getting to know everyone. The monastery was so cool and the fact that the person who started SAYF came to talk to us. The Life in a Jar activity was very fun, and the interesting conversation about what colors connected to words, subjects in school and numbers. This was very fun can't wait till next retreat.

~ Alice

Dear SAYF,

It was a rough drive to Atlanta from Berea. We got here so late! I fell asleep at 3am Friday night. But I was so appreciative of how accommodating everyone was on the trip. I most enjoyed the trip to the Monastery of the Holy Spirit. It meant a lot to me to learn more about the creation of the Monastery, to see the beautiful church, and understand the goals of the community.

My dad was a Catholic priest before he married and had children. I could see clearly that he continued to strive to meet the commitments of his faith throughout his life even though from the outside it looked as though he left the Catholic faith. It helped me appreciate more deeply his commitment to his faith. He was searching for truth with a capital T and didn't limit himself to one way of approaching Truth. I appreciated the sacredness and beauty of the Monastery.

I also applaud the Monastery's commitment to preserve the land. Offering a Green Burial ground is an innovative way to give the wider community more options and at the same time protect the land they steward. The meals were great. I enjoyed the eclectic, out of the box choices. The Bear game sounded like a lot of fun. I didn't mind reading by lamp light to make that possible.

Love
Danielle, FAN

Wassup SAYF,

As the first retreat that I can remember without Mike and Sage and everyone who graduated, I was really worried. As someone who is close to the end of their time here, I have to come to terms with the renewing cycle that our community relies on.

But this retreat was amazing. I have seen very few less cliquy and more unified retreats. Everyone really was one community. While we will miss everyone who left, it won't stop us from loving now and those that are new. I think Bear is a good indicator for me of this feeling and never have I seen such a consistently fun loving and engaged game.

Thank you all so much,
Bax H.

Kids,
THANKS FOR HAVING ME!
I'VE HAD A GREAT TIME. I'M NOT SURE WHAT ELSE TO SAY.

GO BIRDS!