

**SAYF Worship Journal**  
November 2025 Retreat  
Columbia Friends Meetinghouse

***On the weekend of November 14-16, 2025 the Southern Appalachian Young Friends met at the Columbia Friends Meeting. This is our witness. This is our story.***

11-16-25      5 fans 12 sayfers

I really loved this retreat. The Meeting house and grounds are very beautiful. The garden activity was so fun and I enjoyed the plant walk afterwards. I enjoyed making waffles and cake. Playing around with the flower sticks was very fun and the salad bowl game was so fun! I can't wait for next retreat!

- Alice

Sayf Columbia SC

11-14 - 11-16

Oh heck yeah! This retreat was really weird for me because it was the first one I ever helped plan. Even though I was worried about making sure things went well, I still had a lot of fun and I hope everyone else did too... Even though waffles took so long to make Saturday morning, they were really good and I had a lot of fun. It was very exciting to see a snake in the garden and learn about which plants I can snack on as I walk through the woods. I had fun with Sam on the car ride there, reading aloud a terrible comic and talking about performative males and the idea of identity, and listening to Nico and Alice's dinosaur jokes. Then I also really enjoyed doing henna with everyone

(my arms are beautiful now)

even though it got all over people's pillow & sleeping bags. It was so much fun spending time with everyone. Salad bowl was really fun and the cake turned out so good.

Even though we had so few people, Bear was still really fun. It was a crazy experience to be playing bear in the same place that me and other Columbia friends spent playing hide & seek tag together during second hour. Me and Flemming were a great bear team. I had fun singing bad bunny & Kali uchis with Sam and wrestling with Cyrus. Niko did great as bear for the first time and I enjoyed hearing many different people playing guitar and piano and singing.

I am so grateful that two of my communities are colliding like this, and that I can show the people at sayf this space & meeting house that means so much to me. Thank you guys for sleeping with me & keeping me warm at night. I hope you all had fun and I love you all and miss everyone who didn't come, I can't wait to see everyone again

- CJ

**The retreat was fun. I especially liked Bear. Salad bowl was hard but fun. Everybody was extremely nice.**

**I'm going to hate the car ride back though.**

Cyrus  
11/16/25  
Columbia

B-B-B-B-BTP on the  
Trac-ac-ac-ack  
(you oughta know by now)  
My name is Mr. Pickle, you know me  
I got this song that I want you to see  
Its got a real sick bassline  
And it's in key  
Let's countdown to it, starting from 3  
3, 2, 1  
This is BTP to ground control  
I've really paved the wayyy  
For other rappers to go lie down in their graves  
\* Clique \*  
To the men on the dancefloor tappin their foot  
Start movin to these beats I layed down on the hood  
(1 million thousand)  
I got 1 million K just  
Sittin in the bank  
So if these beats won't make you dance, will you boogie if I pay?

This one goes out to the many not here with us  
The folks on the street cuz they daddy wasn't richer than mine  
I'm divine  
\* Clique \*  
You know I bathe in brine

Allow me, BJP, to be your MC  
People be mad cuz I spit heat  
But it's OK, that's just me  
Born to rap, forced to be a human  
If it was up to me, id be up in the sky  
Chillin with gods and their almighty wives  
That's right, they call me extraterrestrial  
The way I got millions sitting in handshake deals  
The way I put bread and butter on the table is no dill  
The way I just dropped bars on the couch watching Key & Peele

Oh man, am I grateful for community!  
It is a powerful thing to know that we are all holding each other. I love that we have each other's backs. When one of us is lost or alone, another finds us. When my hands get torn up from sticker vines, a kind friend brings me gloves with a warm smile. I am constantly amazed at the depth of understanding and care in this community. Why do we seem to lose that as adults?

With gratitude for each and everyone, Aunt Jenny

11/16/25

Columbia SAYF retreat was a great success! Columbia friends did an excellent job planning all aspects of the retreat; the food, activities, space were all thought out really well.

We arrived late and I forgot my sleeping bag, so I tossed and turned for a few hours but waking up to the sunrise in the meeting room with the forest surrounding, it was stunning! Breakfast was a smash hit - waffles, fruit, yogurt and maple syrup. Working at the orchard and followed by the foraging walk was a educational and bonding experience. I appreciated the singing!

Games in the evening was super fun. Salad Bowl is the perfect game for SAYF's large crowd - nice work Phoenix introducing us all to it. This meeting house seems pretty good for Bear as well.

Thank You Columbia for hosting an awesome retreat

- Danielle FAN

#### Columbia 11/14 - 16

I am so thrilled to be at the first columbia friends meeting retreat ever! Here's a list of things we did:

- Stayed up the entire 4 hr drive from GA
- kept falling asleep randomly
- yummy waffle breakfast
- really cool and fun orchard
- talks w/ Lucious about how life could be a simulation run by AI
- the multiplying flower sticks
- making tea and eating random wild plants w/ Phoenix's dad (foraging)
- salad bowl 😊
- exploring the grounds (garden, playground, labyrinth)
- made sushi
- made a piano masterpiece w/ Phoenix
- henna!

This retreat was great! I can't wait to see everyone again!!!

♡ Arlie Rose ♡